



ERIN MORAN  
Learning

# MYOFASCIAL CUPPING THERAPY

(for licensed acupuncturists)

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**2-hour online workshop + 1-hour live Q&A**

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**“I am keen to apply the macro-micro technique...and it’s always a good reminder that less is more.”**

~ Sharon, Nova Scotia

**“Very well-organized, informative and easy to apply to current practice.”** ~ Patricia, Alberta

**“I would absolutely recommend this course to other licensed acupuncturists.”**

~ Andre, British Columbia

**“Excellent case studies. Erin is very knowledgeable and she was very effective in communicating and demonstrating the information.”** ~ Elaine, Alberta

Please sign up for updates at  
[www.erinmoran.ca](http://www.erinmoran.ca)



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### ABOUT ERIN MORAN

- Bastyr University Graduate from both MSAOM and DAOM programs
- In practice since 2001
- Successful practices in both Bermuda and British Columbia
- Former massage therapist with a keen interest in connective tissue and acupuncture meridian correlations



#### By the end of this course, students will:

1. Understand the 3 main clinical reasons to use Myofascial Cupping Therapy (MCT).
2. Gain knowledge into the research of Dr. Helene Langevin and the correspondence between channels and the fascial network.
3. Be clear about the different MCT approaches when dealing with acute and chronic injuries.
4. Learn that less is more with MCT. Treatments should be focused and have clear intention.
5. Understand the differences between using MCT on yang-vs-yin areas of the body.
6. Learn the MCT techniques with video instruction-stationary, flash, running-and all associated safety concerns.
7. Understand different levels of suction- mild, medium, strong-and know in which cases to use them.
8. Know the precautions: pregnancy and postpartum, blood thinners, age.
9. Know the contraindications: DVT, surgical sites, lymph nodes, patients who blister.
10. Review cleaning and disinfecting cups, a 6-step protocol.
11. Touch on the use of silicone cups, facial cupping, wet/bleeding cupping.
12. Learn from one hour of case study videos including: acute pinched nerve (cervical), chronic neck pain (osteoarthritis), acute lumbar pain, chronic lumbar pain, sciatica, plantar fasciitis, tennis elbow.

# MYOFASCIAL CUPPING THERAPY

(for licensed acupuncturists)

**2-hour online workshop + 1-hour live Q&A**

This workshop is offered to licensed acupuncture practitioners. Students review the course material, watch case study videos and take a short quiz. Students also have the option to attend a live Q&A with Erin and they will be given that date when they enrol.

**1 year access to all course materials and videos.**

### Continuing Education Credits

- ✓ CAAA (Alberta) - 2 CEUs Category A
- ✓ CTCMA, CTCMPO, MPAA, - Compliant for 2 CEUs Category A
- ✓ AHPCSA (South Africa) - 2 CEUs Level 1.A.3
- ✓ AACMA (Australia) - 2.5 CPD points
- ✓ AFPA (Ireland) - Compliant for 2 CPDs

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CEUs/PDAs? Enquire to  
[margaret@erinmoran.ca](mailto:margaret@erinmoran.ca)